The Care of the Bariatric Surgery Patient

Presented by
The Ohio State University Center for Minimally Invasive Surgery

Thursday and Friday
August 21 – 22, 2014

Hilton Columbus at Easton
3900 Chagrin Drive
Columbus, OH 43219
Needs Assessment:

Obesity rates remain high and more people are seeking for bariatric surgery as a treatment option. Healthcare providers must demonstrate continuous quality of care as well as integrate new medical findings into their practice in order to apply safe and efficient care to the bariatric surgery patient. The course will familiarize participants with updated care for the bariatric surgery patient by providing didactic lectures, panel discussions, and interactive audience participation.

Course Overview:

This two day course is designed for general and bariatric surgeons, allied health professionals, and dietitians whom are interested in comprehensive care of the bariatric surgical patient. The course will review the latest updates in nutritional guidelines, operative procedures, and patient management in the bariatric surgery patient.

Objectives:

Completion of this course will enable participants to:

1. Identify and describe the different dynamics of adolescent bariatric surgery programs in psychology and family training
2. Identify and describe the immediate and long-term psychological changes for the post-surgical bariatric patient in body image and cross addictions
3. Identify the importance of bariatric surgery for the overall improvement in sexual functioning, in most reproductive hormones of interest, and in psychosocial status
4. Describe the latest nutritional guidelines for the bariatric patient
5. Describe the effects of bariatric surgery on diabetes and diabetes management
6. Identify and describe the importance of pre-operative endoscopy on a bariatric surgery patient
7. Identify and describe the different vitamin deficiencies
Accreditation

The Ohio State University Medical Center, Center for Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians.

The Ohio State University Medical Center designates this educational activity for a maximum of 13 AMA PRA Category I Credit™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure Statement

Current guidelines state that participants in CME activities should be made aware of any affiliation or financial interest that may affect the speakers’ presentations. Each speaker has completed a conflict-of-interest statement. Disclosure statements will be provided to participants in the course.

Commercial Support

The course organizers gratefully acknowledge the generous support of our corporate sponsors.

Mission Statement

The Ohio State University Center for Minimally Invasive Surgery is dedicated to the achievement of excellence in patient care, clinical training, research and outcomes studies pertaining to the techniques and technology of minimally invasive surgery. For more information on CMIS course offerings, please visit our website at http://cmis.osu.edu.
Agenda

Thursday, August 21, 2014
8:45 am   Registration
9:15    Welcome

ADOLESCENT BARIATRIC SURGERY
9:30   Adolescent Psychology and Family Training
10:15  Break

PSYCHOLOGY
10:30  Body Image Issues: Preoperative and Postoperative
11:00  Body Contouring
11:30  Psychological Concerns for the Post-Surgery Bariatric Patient
12:00 pm Lunch

WOMEN’S HEALTH WITH BARIATRIC SURGERY
1:00   Pregnancy After Bariatric Surgery: Risk Factors of Birth Defects
1:30   Obesity and Infertility
2:00   Break

PRE AND POST –BARIATRIC SURGERY MANAGEMENT
2:15   Endoscopy in the Bariatric Patient
2:45   Hypoglycemia
3:15   Break
3:30   Introduction: The Approach to Diabetes Management
3:45   Panel Discussion on Case Studies: Diabetes Management for Dummies
4:45   Questions & Answer Session
5:00   CME Activity Dismissed
5:30 – 6:30 Reception on the Patio (Hilton)

Friday, August 22, 2014
7:30 am  Registration and Continental Breakfast

PRE AND POST–BARIATRIC SURGERY MANAGEMENT
8:00   Medication Considerations in the Post-Operative Bariatric Patient
8:30   Ideal Pain Management – Chronic Nausea
9:00   Break
9:15   Obesity Hypoxia and Management of Post-Operative Hypoxia
9:45   Getting the Patient Moving after Surgery: Physical Therapy/Occupational Therapy
10:15  Break
10:30  How to Improve Patient Care and Satisfaction on the Floors, Shortening Discharges
11:00  What are the Signs of Vitamin Deficiency and Treatment for It
11:30  Post-Surgical Weight Maintenance
12:00 pm Lunch
1:00   Role of Weight Loss Medications Before/After Weight Loss Surgery
1:30   Role of Post-Surgical Resources in Success (Diet & Exercise)
2:00   Break
2:15   Patient Experiences - Patient successes, Patient fails
3:15   Break
3:30   The Patient in Trouble
4:00   The Future in Bariatric Surgery
4:30   Questions & Answer Session
5:00   CME Activity Dismissed
Speakers

**Guest Speakers**

David B. Sarwer, PhD  
Professor of Psychology  
Departments of Psychiatry and Surgery  
Director of Clinical Services  
Center for Weight and Eating Disorders  
Perelman School of Medicine at  
the University of Pennsylvania

Virginia M. Weaver, M.D., FACS  
Director, Saint Francis Center for  
Surgical Weight Loss  
Memphis, TN

**The Ohio State University Course Directors**

Dean Mikami, MD, FACS  
Assistant Professor of Surgery  
Division of General &  
Gastrointestinal Surgery

Bradley Needleman, MD, FACS  
Associate Professor of Surgery  
Director of Center for Minimall  
Invasive Surgery  
Director of Bariatric Surgery  
Division of General &  
Gastrointestinal Surgery

Sabrena Noria, MD, PhD, FRCSC  
Assistant Professor of Surgery  
Division of General &  
Gastrointestinal Surgery

**The Ohio State University Affiliated Speakers**

Sarah Altman, PhD  
Psychology

Elizabeth K. Balk, MS  
Ph.D. Candidate - Kinesiology  
The Ohio State University

Kristin Brower, PharmD, BCPS  
Clinical Pharmacist  
Perioperative Services

Stacey Burkett, RD, LD, ACSM-HFS  
Registered Dietitian  
Center for Wellness & Prevention

Aneesa Das, MD  
Assistant Professor-Clinical  
Division of Pulmonary, Allergy,  
Critical Care and Sleep Medicine  
Department of Internal Medicine

Ihuoma Eneli, MD  
Professor of Pediatrics  
The Ohio State University  
Medical Director, Center for  
Healthy Weight and Nutrition

Kathy Foreman, MS, CNP  
Bariatric Surgery Program  
Division of General &  
Gastrointestinal Surgery

Adam Freter, RD, LD  
Registered Dietitian  
Center for Wellness & Prevention

Kristina Layton, BSN, RN, BC  
Nurse Manager

Marc Michalsky, MD, FACS, FAAP  
Associate Professor of Surgery  
Surgical Director, Center for  
Health Weight and Nutrition  
Division of Pediatric Surgery

Lisa Mostafavifar, PharmD, BCPS  
Clinical Pharmacist  
Acute Care Surgery and Trauma

Ben O’Donnell, MD  
Assistant Professor of Medicine  
Division of Endocrinology,  
Diabetes, and Metabolism

Kevin M. Patterson, PT, MS  
Physical Therapy

Rose L. Schroedl, PhD  
Pediatric Psychology &  
Neuropsychology
Travel & Accommodations

Travel and hotel are the responsibility of the individual attendees. The Ohio State University is not responsible for travel arrangements. Please confirm course registration prior to hotel registration or the purchase of airline tickets. If you need special accommodations due to disability, please contact Heidi Pieper at (614) 293-9072.

Hilton Columbus at Easton

The AAA 4-Diamond Hilton Columbus at Easton is perfectly situated at the heart of Easton Town Center, yet just ten minutes from Port Columbus International Airport and Downtown Columbus. Just outside the doors of the Hilton a world of excitement awaits. Wander down cobbled walkways to the old-fashioned town square. Discover treasures hidden away in dozens of exotic shops and boutiques. There are more than 100 shops, restaurants, clubs, and entertainment sites. For more information, please visit their website at http://www.hiltoncolumbus.com.

A block of rooms has been reserved at the Hilton Columbus at Easton at a reduced rate of $179 per night, single or double occupancy, plus room tax. Reservations must be received on or before July 21, 2014 to ensure the reduced rate. Reservations for the event will be made by individual attendees directly with the Hilton reservations at 1-800-HILTONS, or 614-414-5000. If making reservations online visit this webpage: http://www.hilton.com/en/hi/groups/personalized/C/CMHCHHF-OMB-20140817/index.jhtml

Air Travel

It is recommended that you use Port Columbus International Airport, which is a 15-minute drive to the hotel.

Registration Information

To Register, visit https://ccme.osu.edu or mail your completed form to:
Heidi Pieper, Center for Minimally Invasive Surgery
558 Doan Hall; 410 W. 10th Ave., Columbus, OH 43210
Contact Phone: 614-293-9072 and Email Heidi.Pieper@osumc.edu

Registration Cancellation Policy

100% of the course fee will be refunded for cancellations received up to two weeks prior to the course. Cancellations received less than two weeks prior to course will be refunded less a 50% cancellation fee.
Registration Form

First Name  Last Name  Title (MD/DO/RN/CST)

Address

City  State/Country  Zip

Phone  Fax

Email

Primary Hospital Affiliation

On or Before July 21, 2014:
  - Physician: $400
  - Fellow/Resident: $175
  - Allied Healthcare Professional
    /Dietitians: $175
  - OSU Allied Healthcare Professional
    /Dietitan: $25

After July 21, 2014:
  - Physician: $450
  - Fellow/Resident: $225
  - Allied Healthcare Professional
    /Dietitians: $225
  - OSU Allied Healthcare Professional
    /Dietitians: $30

Reception (included in Registration Fee):
  - Yes, I would like to attend.
  - No, I will not be attending.
  - $25/guest: Name of your guest(s):

Total Amount Enclosed: $

Payment (Please indicate form of payment below)
  - Check (payable to The Ohio State University CMIS)
  - MasterCard
  - VISA
  - AMEX
  - Discover (through CCME website only)

Credit Card Number  Exp. Date

Authorized Signature  Billing Zip Code

Note: We advise registrants never to fax or email credit card information.
Care of the Bariatric Surgery Patient • August 21 – 22, 2014

THE OHIO STATE UNIVERSITY
WEXNER MEDICAL CENTER

Center for Minimally Invasive Surgery
558 Doan Hall
410 W. 10th Avenue
Columbus, OH 43210