THE OHIO STATE UNIVERSITY
CENTER FOR MINIMALLY INVASIVE SURGERY PRESENTS

THE FOURTH ANNUAL
Care of the
Bariatric Patient Conference

August 27-28
The Blackwell Inn & Pfahl Conference Center
Needs Assessment

Obesity rates remain high and more people are seeking nonsurgical weight loss management as well as bariatric surgery as a treatment option. Healthcare providers must demonstrate continuous quality of care while integrating new medical findings into their practice to apply safe and efficient care to the bariatric patient. This course will familiarize participants with updated care for the bariatric patient through didactic lectures, panel discussions, interactive audience participation and an optional hands-on activity for surgeons.

Course Overview

This two-day course is designed for general and bariatric surgeons, allied health professionals and dietitians who are interested in comprehensive care of the bariatric surgical patient. The course will review the latest updates in nutritional guidelines, operative procedures and patient management in the bariatric surgery patient. An optional hands-on activity for surgeons to learn stenting will be available.
Objectives

Completion of this course will enable participants to:
- Recognize and assess the various roles healthcare providers have regarding bariatric surgery patients.
- Differentiate the various types of bariatric surgical procedures and choose the right one for the patient.
- Identify and describe the importance of endoscopy on a bariatric surgery patient.
- Identify and describe the immediate and long-term psychological changes for the post-surgical bariatric patient in body image and cross addictions.
- Describe the latest nutritional guidelines for the bariatric patient.
- Describe the effects of bariatric surgery on patients with diabetes and their diabetes management.
- Identify and describe different vitamin deficiencies.

Accreditation

The Ohio State University Medical Center, Center for Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians.

The Ohio State University Medical Center designates this educational activity for a maximum of 14.5 AMA PRA Category I Credit™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Those individuals seeking continuing nursing education credit may do so by turning in their CME certificate to the nursing board.

Disclosure Statement

Current guidelines state that participants in CME activities should be made aware of any affiliation or financial interest that may affect the speakers’ presentations. Each speaker has completed a conflict-of-interest statement. Disclosure statements will be provided to participants in the course.

Commercial Support

The course organizers gratefully acknowledge the generous support of our corporate sponsors.

Mission Statement

The Ohio State University Center for Minimally Invasive Surgery is dedicated to the achievement of excellence in patient care, clinical training, research and outcomes studies pertaining to the techniques and technology of minimally invasive surgery. For more information on CMIS course offerings, please visit http://cmis.osu.edu.
Guest Speaker

**John Linn, MD**
Clinical Assistant Professor  
The University of Chicago  
NorthShore University Health System

Ohio State Course Directors

**Dean Mikami, MD, FACS**
Associate Professor of Surgery  
Division of General and Gastrointestinal Surgery  
The Ohio State University

**Bradley Needleman, MD, FACS**
Associate Professor of Surgery  
Director, Center for Minimally Invasive Surgery  
Director, Bariatric Surgery  
Division of General and Gastrointestinal Surgery  
The Ohio State University

**Sabrena Noria, MD, PhD, FRCSC**
Assistant Professor of Surgery  
Division of General and Gastrointestinal Surgery  
The Ohio State University
The Ohio State University Affiliated Speakers

**Kelly Bartsch, PharmD, BCPS**  
Specialty Practice Pharmacist  
Ambulatory Care  
The Ohio State University

**Martha Belury, PhD, RD**  
Professor  
Department of Human Nutrition, College of Education and Human Ecology  
The Ohio State University

**David Bradley, MD, MS**  
Assistant Professor  
Division of Endocrinology, Diabetes and Metabolism  
The Ohio State University

**Kristin Brower, PharmD, BCPS**  
Staff Pharmacist  
Department of Anesthesiology  
The Ohio State University

**Ellen Carraro, MD**  
Clinical Assistant Professor of Surgery  
Division of General and Gastrointestinal Surgery  
The Ohio State University

**Heather Frey, MD, MSCI**  
Assistant Professor  
Department of Obstetrics and Gynecology, Division of Maternal Fetal Medicine  
The Ohio State University

**Kathy Foreman, MS, CNP**  
Comprehensive Weight Management and Bariatric Surgery  
The Ohio State University

**Hisham Hussan, MD**  
Assistant Professor of Clinical Medicine  
Gastroenterology, Hepatology, and Nutrition  
The Ohio State University

**Jeffrey Janis, MD, FACS**  
Professor and Executive Vice Chairman  
Director of Plastic Surgery, University Hospital  
Department of Plastic Surgery  
The Ohio State University

**Kristina Layton, BSN, RN, BC**  
Nurse Manager  
Division of General and Gastrointestinal Surgery  
The Ohio State University

**Douglas Levin, MD**  
Assistant Professor, Clinical Medicine  
Department of Gastroenterology, Hepatology and Nutrition  
The Ohio State University

**Lisa Mostafavifar, PharmD, BCPS**  
Clinical Pharmacist  
Acute Care Surgery and Trauma  
The Ohio State University

**Joann North, RN**  
Staff Nurse  
Division of General and Gastrointestinal Surgery  
The Ohio State University

**Jennifer O’Brien, CNP**  
Comprehensive Weight Management and Bariatric Surgery  
The Ohio State University

**Stacey Pence, RD, LD, ACSM-HFS**  
Staff Dietitian  
Comprehensive Weight Management and Bariatric Surgery  
The Ohio State University

**Keeley Pratt, PhD, IMFT-S**  
Assistant Professor  
Department of Human Sciences  
Human Development and Family Science/Couple and Family Therapy Programs  
The Ohio State University

**Kirsten Tychonievich, RN, MS, CNP**  
Comprehensive Weight Management and Bariatric Surgery  
The Ohio State University

**Boris Zevin, MD, PhD**  
Clinical Assistant Professor of Surgery  
Division of General and Gastrointestinal Surgery  
The Ohio State University
## Course Agenda

### Thursday, August 27

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tr>
<td>7:30 a.m.</td>
<td>Registration / Continental Breakfast</td>
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<tr>
<td>8 a.m.</td>
<td>Introduction and Overview of the Bariatric Program</td>
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<td>8:35 a.m.</td>
<td>Bariatric Surgery: Current Status</td>
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<td>9:10 a.m.</td>
<td>The Future in Bariatric Surgery</td>
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<td>9:45 a.m.</td>
<td><strong>BREAK</strong></td>
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<tr>
<td>10 a.m.</td>
<td>Education for the Bariatric Patient: What Are the Goals?</td>
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<tr>
<td>10:35 a.m.</td>
<td>Medication and Health Goals</td>
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<tr>
<td>11:10 a.m.</td>
<td>Nonsurgical Weight Loss: Medical Programs</td>
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<td>11:45 a.m.</td>
<td><strong>LUNCH</strong></td>
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<td><strong>Optional:</strong></td>
<td>Hands-on Training on Stenting; Radiofrequency Ablation; Radiofrequency Ablation for GERD; and Fibrin Glue</td>
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<td>1 p.m.</td>
<td>Addictions</td>
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<tr>
<td>1:35 p.m.</td>
<td>Obesity: Risk Factors of Birth Defects &amp; Infertility</td>
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<td>2:10 p.m.</td>
<td>The Approach to Gut Hormones Management</td>
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<td>2:45 p.m.</td>
<td><strong>BREAK</strong></td>
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<td>3 p.m.</td>
<td>The Effect of Bariatric Surgery on Colorectal Cancer</td>
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<td>3:35 p.m.</td>
<td>Family &amp; Social Relationships in Bariatric Patients</td>
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<td>4:10 p.m.</td>
<td><strong>BREAK</strong></td>
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<tr>
<td>4:20 p.m.</td>
<td>Personal Stories from Medical Weight Loss Patients</td>
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<td>4:50 p.m.</td>
<td>Question and Answers</td>
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<tr>
<td>5 p.m.</td>
<td><strong>CME EVENT ADJOURNED / RECESSION</strong></td>
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Friday, August 28

7:30 a.m. Registration / Continental Breakfast
8 a.m. The Bariatric Care Coach: A New Paradigm in Nursing
8:35 a.m. Endoscopy in the Bariatric Patient – Post-Op Complications: Why Surgeons Should Do It
9:10 a.m. When to do Revisional Surgery?
9:45 a.m. BREAK
10 a.m. Medication Considerations in the Post-Operative Bariatric Patient
10:35 a.m. New Treatments for Nash
11:10 a.m. Products for the Bariatric Patient: What Do You Look for in a Product?
11:45 a.m. Questions and Answer Session
12 p.m. LUNCH
1 p.m. What Every Healthcare Worker Should Know About Post-Bariatric Emergent Care
1:35 p.m. Volume Based Outcomes in Bariatric Programs
2:10 p.m. Fitting in Fats: Evidence-Based Recommendations After Surgery
2:45 p.m. BREAK
3 p.m. Body Contouring after Weight Loss
3:35 p.m. Personal Stories from Surgical Weight Loss Patients
4:25 p.m. Questions and Answers
4:30 p.m. CME EVENT CONCLUDED
Travel & Accommodations

Travel and hotel are the responsibility of the individual attendees. The Ohio State University is not responsible for travel arrangements. Please confirm course registration prior to hotel registration or the purchase of airline tickets. If you need special accommodations due to disability, please contact Heidi Pieper at 614-293-9072.

The Blackwell Inn:

The Blackwell Inn is a simple craftsman design aesthetic with contemporary amenities. It is the only hotel located on The Ohio State University campus, and provides easy access to the university’s state-of-the-art recreational facilities. With complimentary airport transportation and close proximity to the downtown arts & entertainment district of Columbus, The Blackwell Inn matches convenience and comfort for an unparalleled stay.

For more information, please visit www.theblackwell.com. Make a reservation by calling 614-247-4000 and reference “Care of the Bariatric Patient.” A block of rooms has been reserved at a reduced rate of $135 per night, single or double occupancy, plus room tax. Reservations must be received on or before July 27 to ensure the reduced rate.

Air Travel

It is recommended that you use Port Columbus International Airport, which is a 15-minute drive to the hotel.

Register Today

To register, visit go.osu.edu/cbsp2015 or mail your completed form to:

Heidi Pieper
Center for Minimally Invasive Surgery
558 Doan Hall
410 W. 10th Ave.
Columbus, OH 43210

614-293-9072
Heidi.Pieper@osumc.edu

Registration Cancelation Policy: One hundred percent of the course fee will be refunded for cancelations received up to two weeks prior to the course. Cancelations received less than two weeks prior to course will be refunded less a 50-percent cancelation fee.
Registration Form

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Email

Primary Hospital Affiliation

REGISTRATION FEES

On or Before July 27:
- Physicians: $400
- Fellow/ Resident: $175
- Allied health professional/ dietitian: $175
- OSU Allied Health Professional/Dietitian: $25

After July 27:
- Physicians: $450
- Fellow/ Resident: $225
- Allied health professional/ dietitian: $225
- OSU Allied Health Professional/Dietitian: $30

For Physicians Only:
Would you like to participate in a hands-on training session for stenting?
- Yes. (Additional fee of $100 will be charged)
- No, I am not interested.

Reception Included in Registration Fee:
- Yes, I would like to attend.
- No, I will not be attending.
- $25/guest: Name of your guest(s):

PAYMENT METHOD

Amount Enclosed $ __________________

Payment (Please indicate form of payment below)
- Check (payable to The Ohio State University CMIS)
- MasterCard  Visa  AMEX
(Discovers available through CCME website only)

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