Why Train at Ohio State?

We are Successful

#24 Cancer
#24 Endocrinology
#31 Cardiology
#31 Nephrology
3 other OSUWMC programs also ranked

#29 on the Blue Ridge Ranking Table of NIH funding

Program Mission

Prepare Residents to be leaders* in the provision of compassionate, high quality, safe care throughout their career.

*Leaders in whatever aspects of Internal Medicine you choose to pursue
OSU-Trained Internists are “Up to the Challenges”

- Broad based clinical experience with a diverse and medically complex population
- Excellence in Inpatient, Ambulatory and Critical Care Settings
- Enriched learning opportunities – conferences, workshops, simulation, independent study resources.
- Scholarly Pursuits Encouraged & Facilitated
- Trained in Leadership

We are Successful:

- Educational Innovations Project (EIP)
  (1 of 17 originally selected IM Residency Programs)
- Board Exam Pass Rate in Top Quartile
- Program graduates well positioned for academic and practice careers
- 69% of our residents pursue fellowship training
- Excellent Fellowship Match Rate All matched during last 4 matches except 2 GI and 1 Cardiology.
- Primary Care and Hospitalist practice opportunities

Fellowship Opportunities at Ohio State University

- Allergy/Immunology
- Cardiology
- Cancer Genetics
- Endocrinology
- Electrophysiology
- Gastroenterology
- Geriatrics
- Heart Failure
- Hematology/Oncology
- Invasive Cardiology
- Tx Hepatology
- Infectious Diseases
- Nephrology
- Palliative Medicine
- Pulm/Critical Care
- Invasive Pulmonology
- Rheumatology
- Sleep Medicine
Recent Fellowship Positions
(2008-2015 grads)

- **Allergy**: OSU, USF-All Children’s Hospital, Johns Hopkins, Colorado, and Cleveland Clinic
- **Cardiology**: OSU, Wisconsin, Florida-Jacksonville, Colorado, USC, Loyola, Florida-Orlando, Case Western, University of Utah, University of Illinois-Chicago, Ochsner, Mayo Clinic, and Summa Health
- **Endocrinology**: OSU, UCLA, and University of Illinois-Chicago
- **GI**: OSU, Rush, Wisconsin, St. John’s Providence, University of Louisville, Utah, Case Western, Nebraska, Albert Einstein, Cincinnati, and Kentucky
- **Hematology**: OSU, University of South Florida, Arizona, Vanderbilt, NIH, Harvard-UCLA, Georgetown, Wake Forest, University of Illinois-Chicago, New York University, Wayne State University, and University of Washington
- **ID**: OSU, UC, UNC, Virginia, Indiana, Wayne State, Rush, Temple, Vanderbilt
- **Nephrology**: OSU, UCSF, Oregon, and Michigan
- **Pediatric Medicine**: OSU and Mt. Sinai
- **Pulmonary/Critical Care**: OSU, Cleveland Clinic, Vanderbilt, Nebraska, Cleveland Metro, Penn State, UC Davis, Maryland, Michigan, University of Louisville, Wake Forest, and Emory
- **Sports Medicine**: University of Buffalo

2010-2014 Grads - 69% are Fellowship-Bound

Residents Entering Practice at Residency Graduation

**Academics**:
- Dartmouth Medical Center
- OSU General Internal Medicine and OSU Hospital Medicine
- OSU Clinical Decision Unit
- OSU Children’s Med/Peds
- OSU Integrative Medicine
- U Michigan General IM
- U Washington (Seattle VA Medical Center)
- Vanderbilt

**Other Hospital Medicine**:
- Mt. Carmel, Riverside, Cincinnati, Dayton, OH, Raleigh, NC, Virginia, & Medical Center (Chicago), Lexington, KY, Nashville, Canton, OH, and Jacksonville, TN

**Other Private Practice**
- Columbus, Athens, Delaware, Marysville, Newark, Dayton, Westerville, and Upper Sandusky, Ohio, Charlotte, Pittsburgh, Denver, Grand Rapids, MI, Bozeman, Montana, and Chicago
- Medecins Sans Frontieres (Doctors Without Borders)
- Public Health Service – Memphis
- Private Practice Women’s Health Focus

20% Hospital Medicine 11% Primary Care
2012-2014

Program Directorate

- David Winerger, MD Internal Medicine PD
- Lisa Kearns, MD Primary Care Track PD
- Robert Balaschi, MD, PhD Physician Scientist Training Program PD
- Maria Laurenzi, MD, MS Associate PD
- Jared Moore, MD Associate PD
- Jennifer Allen, MD Assistant PD

20% Hospital Medicine 11% Primary Care
2012-2014
Chief Residents

David Bond, MD
Medical School: Indiana University
Hematology/Oncology Fellowship

Jarred Burkart, MD
Medical School: Ohio State University
Hematology/Oncology Fellowship

Nathan Richards, MD
Medical School: Ohio State University
Medicine/Pediatrics

Educational Sites

Hospitals
- University Hospital
- Ross Heart Hospital
- Arthur James Comprehensive Cancer Center and Critical Care Tower
- University Hospitals East

Outpatient
- Martha Morehouse Medical Plaza
- CarePoint East
- COPC
- Columbus VA
- Primary and Specialty Office Practices

Subspecialty Wards

- Cardiology (ACS, CHF and general)
- Hospital Medicine
- General Medicine
- GenMed: Neurology
- GenMed: Pulm

- Hematology
- Hepatology
- MI CU
- Oncology
- Transplant Medicine
Advantages of Subspecialty Ward Educational System

- **Teaching from Experts in the Field**
  - Deeper, more evidence based instruction

- **Concentrated Management Experience**
  - Facilitates the early maturation of your clinical skills

- **Progressive Management Autonomy**
  - Early functioning as the patients’ PCP

- **Early Career Exposure**

Unique Features of Our Program

- **Career Development Block**
  - Identify a mentor
  - Consider career options
  - Explore scholarly activities relevant to your future career
  - Option to do research as an intern
  - Annual Research Day
  - Support to present at national/international meetings

- **Enrichment Activities**
  - Research and Medical Education Electives
  - Leadership & Management Training Program
  - Professional Development and Well-Being
  - Quality Improvement Curriculum and Electives
  - Advanced Clinical Electives

- **Simulation Laboratory Activities**
  - Practice your skills in a ‘low-stakes’ environment
  - Individual and Team Skill building

Other Academic EIP Programs

- Wisconsin
- Duke
- Beth Israel
- Mayo
- Summa
- UC San Francisco
- Indiana
- Pittsburgh
- U of Cincinnati
Examples of EIP Projects:

- **Procedural Skills Training**
  - Not just “See one, do one, teach one”
- **First responder skills**
  - Fundamentals of Critical Care Course
  - Code Blue Enhanced Training and Debriefing Sessions
  - Mock Codes
- **Safe and Effective Discharges**
- **QI – Institutional Engagement & Projects**
- **Continuity Practice Blocks**

Chirag R Patel, DO
Assistant Program Director for QI

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Sample Schedule

<table>
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<tr>
<th>PGY 1</th>
<th>C</th>
<th>I</th>
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*Continuity Blocks are also 50% Ambulatory or other Electives
C= Continuity Block  I= Inpatient  E= Elective  EM=Emergency

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Training with Continuity Practice Blocks

- Enhanced patient care and educational experience
- Inpatient rotations rarely interrupted by clinic
  - Can focus on the clinic when in the clinic
- Partner practice experience
- Hands on experience in systems improvement
- Improved exposure to ambulatory setting for primary care and subspecialties
Sample Continuity Block Schedule

<table>
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<tr>
<th>MON</th>
<th>TUES</th>
<th>WED</th>
<th>THURS</th>
<th>FRI</th>
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<tr>
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<td>Amb. Elective Clinic</td>
<td>Amb. Elective Clinic</td>
<td>Skill Building &amp; Paperwork</td>
<td>Special Clinic (on Adaptations)</td>
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<tr>
<td>PM</td>
<td>Continuity Clinic</td>
<td>Conf. Block</td>
<td>Amb. Elective Clinic</td>
<td>Amb. Elective Clinic</td>
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OSU's Primary Care Track

- 4 Positions each Year
- Dedicated Clinic in Urban Community
- Rural Medicine Elective
- Clinic blocks every other month
- Inpatient training at University Hospital East and Main University Hospitals
- Office based procedures and skills training
- Community and Cultural Awareness
- Patient Centered Medical Home

OSU's Primary Care Track

- Program is flexible/ can be individualized
- Separate ERAS & NRMP Program #
- Close alignment with Traditional Track
- Lisa Kearns, MD Track Director
- Some Traditional Track residents will continue to pursue primary care, too.
Combined Training Programs
- Margaret Chase, MD
  IM/Pediatrics PD
- Allison Rossetti, MD
  IM/Pediatrics Assistant PD
- Lucas McKnight, MD
  IM/Pediatrics Assistant PD
- Daniel Martin, MD
  EM/IM PD
- Eric Adkins, MD
  EM/IM Associate PD
- Margaret Chase, MD
  IM/Pediatrics PD
- Allison Rossetti, MD
  IM/Pediatrics Assistant PD
- Lucas McKnight, MD
  IM/Pediatrics Assistant PD
- Daniel Martin, MD
  EM/IM PD
- Eric Adkins, MD
  EM/IM Associate PD

Emergency Medicine/IM Residency
- Recruiting for our 4th class
- Alternating block segments over 5 years
- Geared for academic careers
- Mini-fellowships built into latter years
- Ultrasound training program
- Contact Dr. Eric Adkins and Dr. Dan Martin (both dual boarded)

Duty Hours and Supervision
- Night Team for All Services including MICU
  Night Team in 4 week blocks
- Weekend Night Coverage (Friday/Saturday) 6pm-7am once/monthly when off service.
  No routine shifts > 16 hours for any level.
- Handoff Training w/ Resident Feedback
  4 months total night team in 3 years per ACGME
OSUWMC Embraces Diversity

- Internal Medicine Diversity Committee works with other leaders in areas of professionalism, administration, student life, and trainee well-being.
- We serve a surprisingly diverse patient population and live in a surprisingly vibrant community.
- If you would like more information about a community of interest (racial, ethnic, religious, sexual identity or orientation, other) Committee members would be happy to help. (Kim can help make that connection for you.)

*compared to resident and fellow understanding prior to starting training at Ohio State*

FAQs

**Can residents take International Electives?**

- Department Travel Awards for 3 residents/year
- Past trips: Guatemala, Losotho, Kenya, Malawi
- Institutional support for salary has been good
- Well developed Global Health Office within College of Medicine can assist in identifying sites
- Site in Malawi - 2 residents/year for 3 years running

FAQs

**Will you assign me a mentor? Not exactly...**

- Remember the career development month?
- Arbitrarily assigned mentors, even if by specialty interest, often aren't optimal matches.
- We need you engaged in the process
- Start by identifying your interests and needs
- We coach you on establishing a network of contacts and help with introductions
- Initial contacts help you identify best options for project ideas and guidance.
Will I do enough research to be competitive for fellowship positions?

- Opportunities are plentiful
- Interns begin with career development month
- Additional 1-2 months of research elective can be pursued PGY2+
- Requests for research time early in PGY2 can almost always be accommodated
- Dynamic process of identifying research and other mentors
- Scholarly productivity is a program expectation that can be met through several paths
- Annual Research Day on Campus

Will I be permitted to present data at a national meeting if invited?

- Yes!
- Dr. Grever is eager to assist your mentor in funding travel expenses, etc. for meeting presentations.
- Our residents (and a few interns) have presented posters and from the podium.
- Presentations have been regionally, nationally and internationally.

Is there a Research Track at OSU?

- Yes! Led by Dr. Robert Baiocchi, MD, PhD
- An attractive option for some with advanced degrees or other in depth background in research prior to residency
- Includes pursuit of clinical fellowship training following second year of residency
- Given number of years of research involved, does not shorten total training time, but does advance start of research fellowship time
- Individual discussions should occur in advance of the residency match
FAQs

How do you teach us to be teachers?

- Rising senior retreat - teaching and leadership
- Immediately applicable skills - teaching on the fly, preparing "mini-talks", providing feedback, procedural supervision/training
- Role playing with standardized students, interns, etc.
- Team Rounds Assessment - Observation and feedback on teaching and leading on the wards
- Individualized Medical Education Electives
- Access to Clinician Educator presentations by Fellowship Program Directors group

For Updates

- Join us on Facebook
  - The Ohio State University Internal Medicine Residency

For Updates