Why Train at Ohio State?

We are Successful

The Ohio State University
Wexner Medical Center

#37 Cancer
#26 Cardiology
#25 Nephrology
#33 Pulmonology
#36 Endocrinology
#44 Geriatrics
2 other OSUWMC programs also ranked

#26 on the Blue Ridge Ranking Table of NIH funding for Internal Med

University Hospital Ross Heart Hospital James Cancer Center

University Health Consortium 4th Consecutive Award for Quality Patient Care

Program Mission

Prepare Residents to be leaders* in the provision of compassionate, high quality, safe care throughout their career.

*Leaders in whatever aspects of Internal Medicine you choose to pursue
OSU-Trained Internists are “Up to the Challenges”
- Broad based clinical experience with a diverse and medically complex population
- Excellence in Inpatient, Ambulatory and Critical Care Settings
- Enriched learning opportunities – conferences, workshops, simulation, independent study resources.
- Scholarly Pursuits Encouraged & Facilitated
- Trained in Leadership

OSUWMC Embraces Diversity
- Internal Medicine Diversity Committee works with other leaders in areas of professionalism, administration, student life, and trainee well-being.
- We serve a surprisingly* diverse patient population and live in a surprisingly vibrant* community
- If you would like more information about a community of interest (racial, ethnic, religious, sexual identity or orientation, other) Committee members would be happy to help. (Kim can help make that connection for you.)

*compared to resident and fellow understanding prior to starting training at Ohio State

“IM Well” Wellness Program to Promote Resident Stress Hardiness and Well Being
- Efforts touted at national program directors meeting (APDIM Fall 2015 Atlanta) Dr. Cynthia Kreger
- Workshops and Retreats
- Readily available resources – health, employee assistance program, advisors, career guides
- Ties to communications and leadership curricula
- Engaging faculty and their passions outside of medicine
We are Successful

- **Educational Innovations Project (EIP)**  
  (1 of 17 originally selected IM Residency Programs)
- **Board Exam Pass Rate in Top Quartile**
- Program graduates well positioned for academic and practice careers
- 65% of our residents pursue fellowship training
- **Excellent Fellowship Match Rate**  
  All matched during last 5 matches except 2 GI and 1 Cardiology.
- Primary Care and Hospitalist practice opportunities

Fellowship Opportunities at Ohio State University

- Allergy/Immunology
- Cardiology
- Cancer Genetics
- Clinical Informatics
- Clinician Educator
- Endocrinology
- Electrophysiology
- Gastroenterology
- Geriatrics
- Heart Failure
- Hematology/Oncology
- Interventional Cardiology
- Tx Hepatology
- Infectious Diseases
- Nephrology
- Palliative Medicine
- Pulm/Critical Care
- Invasive Pulmonology
- Rheumatology
- Sleep Medicine

Recent Fellowship Positions  
(2010-2016 grads)

- **Allergy**: OSU, USF-All Children’s Hospital, Johns Hopkins, Univ of Colorado, and Cleveland Clinic
- **Cardiology**: OSU, Baylor, Univ of Virginia, Univ of Wisconsin, Medical College of Wisconsin, Florida-Jacksonville, Univ of Colorado, USC, Loyola, Florida-Gainesville, Case Western, Univ of Utah, Univ of Illinois-Chicago, Ochsner, Mayo Clinic, and Summa Health
- **Endocrinology**: OSU, UCLA, and Univ of Illinois-Chicago
- **Geriatrics**: Oakwood Hospital, MI
- **GI**: OSU, Rush, Univ of Wisconsin, St. John’s Providence, Univ of Louisville, Univ of Utah, Case Western, Univ of Nebraska, Albert Einstein, Univ of Cincinnati, Univ of Kentucky, and Mayo Clinic-Arizona
- **Heme/Onc**: OSU, Univ of South Florida, Univ of Arizona, Vanderbilt, NIH, Harbor UCLA, Georgetown, Wake Forest, Univ of Illinois-Chicago, New York Univ, Wayne State, Univ of Washington, and Univ of Colorado
Recent Fellowship Positions (continued)

- ID: OSU, Univ of Cincinnati, UNC, Univ of Virginia, Indiana, Wayne State, Rush, Temple, Vanderbilt
- Nephrology: OSU, UCSF, Oregon, and Univ of Michigan
- Palliative Medicine: OSU and Mt. Sinai-NYC
- Pulmonary/Critical Care: OSU, Cleveland Clinic, Vanderbilt, Univ of Nebraska, Cleveland Metro, Penn State, UC Davis, Univ of Maryland, Univ of Michigan, Univ of Louisville, Wake Forest, Emory, Washington Univ and Medical Univ of SC
- Sports Medicine: Univ of Buffalo
- Rheumatology: OSU, Nationwide Children’s Hospital
- Other Fellowships:
  - Clinical Nutrition Fellowship, Univ of Colorado
  - Global Health Innovations & Leadership, Mass. Gen. Hospital Harvard Medical School

- Academics:
  - Dartmouth Medical Center
  - OSU General Internal Medicine and OSU Hospital Medicine
  - OSU Clinical Decision Unit
  - OSU/Children's Med/Peds
  - OSU Integrative Medicine
  - U Michigan General IM and Hospital Medicine
  - U Washington /Seattle VA Medical Center
  - Vanderbilt

Other Hospital Medicine:
- Mt. Carmel, Riverside, Cincinnati OH, Dayton OH, Raleigh NC, Columbus OH, Hahn Medical Center IL, Lexington KY, Nashville TN, Canton OH, Jackson TN, Phoenix AZ, Ashland KY, Detroit MI, Buffalo NY, Toledo OH, Martinsburg WV, Kuwait

Other Private Practice:
- Columbus OH, Athens OH, Delaware OH, Marysville OH, Newark OH, Columbus OH, Florida OH, Florida OH, Columbus OH, Upper Sandusky OH, Charlotte NC, Pittsburgh PA, Denver CO, Grand Rapids MI, Bozeman MT, Chicago IL, Corktown WI

Other:
- Médecins Sans Frontières (Doctors Without Borders)
- Public Health Service – Memphis
- Private Practice Women’s Health Focus

2010-2016 Graduates – 65% are Fellowship-Bound

Residents Entering Practice at Residency Graduation

- Academics:
  - Dartmouth Medical Center
  - OSU General Internal Medicine and OSU Hospital Medicine
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2010-2016 Graduates – 25% Hospital Medicine
10% Primary Care

Program Directorate

- David Wininger, MD Internal Medicine PD
- Lisa Kearns, MD Primary Care Track PD
- Robert Balasch, MD, PhD Physician Scientist Training Program PD
- Maria Lucarelli, MD, MS Associate PD
- Jared Moore, MD Associate PD
- Jennifer Allen, MD Assistant PD
Chief Residents

Ashley Buffomante, MD
Medical School: Ohio State University
Infectious Diseases Fellowship

Chris Esber, MD
Medical School: Ohio State University
Hospital Medicine & Completing MPH

Salvatore Savona, MD
Medical School: Univ. of Florida
Cardiology Fellowship

Educational Sites

**Hospitals**
- University Hospital
- Ross Heart Hospital
- Arthur James Comprehensive Cancer Center and Critical Care Tower
- University Hospitals East

**Outpatient**
- Martha Morehouse Medical Plaza
- CarePoint East
- COPC
- Columbus VA
- Primary and Specialty Office Practices

Subspecialty Wards

- Cardiology (ACS, CHF and general)
- Hospital Medicine
- General Medicine
- GenMed: Neurology
- GenMed: Pulm
- Hematology
- Hepatology
- MI CU
- Oncology
- Transplant Medicine
Advantages of Subspecialty Ward Educational System

- **Teaching from Experts in the Field**
  - Deeper, more evidence-based instruction
- **Concentrated Management Experience**
  - Facilitates the early maturation of your clinical skills
- **Progressive Management Autonomy**
  - Early functioning as the patients' PCP
- **Early Career Exposure**

Unique Features of Our Program

**As INTERNS**

- **Career Development Block**
  - Receive career guidance
  - Identify a mentor
  - Explore scholarly activities relevant to your future career
  - Option to do research as an intern
  - Annual Research Day
  - Support for national/international presentations

- **Leadership Development Program**
- **“IM Well” Wellness Program**
- **QI Curriculum - Longitudinal Group Projects**
- **Safe & Effective Discharges (SAFE-D)**

Legacy of Educational Innovation

- **Procedural Skills Training**
  - Not just “See one, do one, teach one”
- **First responder skills**
  - Fundamentals of Critical Care Course
  - Code Blue Enhanced Training and Debriefing Sessions
  - Mock Codes
- **Flexible Medical Education Electives**
- **Research Electives (Regular & Extended)**
- **Advanced Clinical Electives**
- **Continuity Practice Blocks**
Sample Schedule

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* Continuity Blocks are also 50% Ambulatory or other Electives
C = Continuity Block  I = Inpatient  E = Elective  EM = Emergency

Training with Continuity Practice Blocks

- Enhanced patient care and educational experience
- Inpatient rotations rarely interrupted by clinic
  Can focus on the clinic when in the clinic
- Partner practice experience
- Hands on experience in systems improvement
- Improved exposure to ambulatory setting for primary care and subspecialties

Sample Continuity Block Schedule

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<td>Continuity Clinic</td>
<td>Amb. Elective Clinic</td>
<td>Skill building &amp; Paperwork</td>
<td>Special Clinic (eg, Addie, Transfusions)</td>
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<tr>
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<td>Continuity Clinic</td>
<td>Conf. Block</td>
<td>Continuity Clinic</td>
<td>Amb. Elective Clinic</td>
<td>Amb. Elective Clinic</td>
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OSU’s Primary Care Track

- 4 Positions each Year
- Dedicated Clinic in Urban Community
- Rural Medicine Elective
- Clinic blocks every other month
- Inpatient training at University Hospital East and Main University Hospitals
- Office based procedures and skills training
- Community and Cultural Awareness
- Patient Centered Medical Home

OSU’s Primary Care Track

- Program is flexible / can be individualized
- Separate ERAS & NRMP Program #
- Close alignment with Traditional Track
- Lisa Kearns, MD, Primary Care Track Director
- Some Traditional Track residents will continue to pursue primary care, too.

Combined IM/Pediatrics Program

Margaret Chase, MD
IM/Pediatrics PD

Allison Rossetti, MD
IM/Pediatrics Assistant PD

Lucas McKeight, MD
IM/Pediatrics Assistant PD

“The Med Peds and EM/IM folks are great internists while adding their own perspective.”

“They bring new ideas for improving things they’ve seen trialed in their other department.”

“They add a lot … on rounds and in conference.”
Emergency Medicine/IM Residency

- Recruiting for our 5th class
- Alternating block segments over 5 years
- Geared for academic careers
- Mini-fellowships built into latter years
- Ultrasound training program

Daniel Martin, MD
EM/IM PD

Emily Kauffman, DO
EM/IM Asst PD

FAQs
What are call and duty hours like?
- Night Team for All Services including MICU
  Night Team in 4 week blocks
- Weekend Night Coverage (Friday/Saturday) 6pm-7am once/monthly when off service.
  No routine shifts > 16 hours for any level.
- Handoff Training w/ Resident Feedback
  4 months total night team in 3 years per ACGME

FAQs
Can residents take International Electives?
- Department Travel Awards for 3 residents/ year
- Past trips: Guatemala, Lesotho, Kenya, Malawi
- Institutional support for salary has been good
- Well developed Global Health Office within College of Medicine can assist in identifying sites
- Site in Malawi - 2 residents/ year last 3 years
FAQs
Will you assign me a mentor?
• You can be assigned a Career Guide who works with you to find project mentorship
• We need you engaged in the process
• Start by identifying your interests and needs
• We coach you on establishing a network of contacts and help with introductions
• We start the process during intern orientation (for those who can't bear to wait) but we provide time & opportunities to decide your interests.

FAQs
Will I do enough research to be competitive for fellowship positions?
• Opportunities are plentiful
• Interns begin with Career Development Block
• Additional 1-2 months of research elective can be pursued PGY2+
• Requests for research time early in PGY2 can almost always be accommodated
• Extended Research Blocks are an option
• Scholarly productivity is a program expectation that can be met through several paths
• Annual Research Day on Campus

FAQs
Will I be permitted to present data at a national meeting if invited?
• Yes!
• Dr. Grever is eager to assist your mentor in funding travel expenses, etc. for meeting presentations.
• Our residents (and a few interns) have presented posters and from the podium.
• Presentations have been regional, national and international.
FAQs

Is there a Research Track at OSU?

- Yes! Led by Dr. Robert Baiocchi, MD, PhD
- An attractive option for some with advanced degrees or other in depth background in research prior to residency
- Includes pursuit of clinical fellowship training following second year of residency
- Given number of years of research involved, does not shorten total training time, but does advance start of research fellowship time
- Individual discussions should occur in advance of the residency match

FAQs

How do you teach us to be teachers?

- Rising senior retreat - teaching and leadership
- Immediately applicable skills - teaching on the fly, preparing “mini-talks”, providing feedback, procedural supervision/training
- Role playing with standardized students, interns, etc.
- Team Rounds Assessment - Observation and feedback on teaching and leading on the wards
- Individualized Medical Education Electives
- Access to Clinician Educator presentations by Fellowship Program Directors group

For Updates

- Follow Us on Facebook
  - The Ohio State University Internal Medicine Residency