Lacrosse and Youth Sports Injuries

With roots in Native American cultures, lacrosse is America’s oldest team sport. The combination of speed, sticks, ball and contact make for a unique set of injury types, mechanisms, and preventive interventions. Dr. Hinton will discuss these, including ligamentous injuries of the ankle and knee, head and facial contact injuries and infrequent, but serious reports of commotion cordis.

Dr. Hinton began his career as a physical therapist and certified athletic trainer. He received his medical degree from The Johns Hopkins School of Medicine and residency training in orthopaedic surgery at MedStar Union Memorial Hospital. He completed fellowship training in both pediatric orthopaedic surgery and adult sports medicine at these same institutions.

Dr. Hinton has served as a team physician for the NFL Baltimore Ravens, as well as a number of collegiate, scholastic and youth organizations. He is an executive board member of US Lacrosse’s Sports Science Committee and has served as president of the Maryland Orthopaedic Association. He is currently the medical director of MedStar Sports Medicine, director of the MedStar Sport Medicine Fellowship Program, and an attending orthopaedic surgeon at MedStar Union Memorial Hospital in Baltimore, Maryland. He specializes in ACL (Anterior Cruciate Ligament) reconstruction and revision surgery with a special interested in pediatric and adolescent sports medicine.

Date / Time
Friday, November 13, 2015
Registration & continental breakfast at 7 a.m.
Program 7:30 a.m. – 9:00 a.m.

Location
Schottenstein Center, Andy Geiger Lounge

To Register
Email sportsmedicine@osumc.edu

Physicians may self-report a maximum of 1.5 Category II credits toward AMA Physicians Recognition.
This program has been approved by The Board of Certification for up to 1.5 continuing education units for athletic trainers.